

## YOU ARE ASSUMING THE RISKS OF RIDING THE FLOWRIDER. READ THESE WARNINGS BEFORE RIDING!

The FlowRider® is a very aggressive attraction simulating surfing using high pressure water.

Things that you should know before riding:

- You will fall and/or unavoidably achieve body positions that result in the potential for severe personal injury during your participation on the FlowRider. The moving water is extremely turbulent, and the ride surface is firm.
- Body positions that you may achieve whether intentionally or inadvertently will test your flexibility, strength and stamina, and could result in injuries. These injuries could range from strains and bruises to much more significant injuries including fractures, spinal cord injuries and head or brain injuries.
- There is a risk of self-inflicted injury or injury caused by others that can result from any attempts at tricks, stunts or body positions which exceed your skill level (and which may occur irrespective of your skill level).
- Another risk is that you may sustain injury as a result of slipping on or striking surrounding ride elements, such as the ride surface, flow fence divider, support structures, containment walls, entering/exiting patrons, Wave Operators or attendants, or other ride components.
- Since the ride vehicles (namely flowboards and bodyboards) may contain fiberglass, plastic, wood, metal, or other hard and potentially dangerous materials, contact with them may also cause injury. Such ride vehicles may also have foot straps or board-to-body attachments that may cause injury.
- Furthermore, riding may result in the flow of water picking you up and pitching you head-over-heels onto the ride surfaces, as well as sub-surfaces made from metal and fiberglass which can become exposed or partially covered by one inch of foam or ½ inch of vinyl matting.
- When you fall, or become dislodged from your vehicle, you may subsequently collide into structural elements that lie directly in the path of the water flow.
- All of the above is risky, and although many before you have ridden unscathed, severe injury and/or death is possible.

#### BY AGREEING TO RIDE, YOU ARE ALSO WAIVING SPECIFIC LEGAL RIGHTS THAT YOU MAY HAVE:

Riding this attraction involves certain inherent risks of severe injury or death. Bodyboarding or Stand-Up Riding on this sheet wave is a body-active, participatory sport. As with all sports, care must be taken to avoid a mishap and to avoid possible injury. But it is a thrilling, challenging and aggressive attraction which many people enjoy. *Therefore, by choosA ing to participate, you agree to hold harmless, covenant not to sue, and waive any and all claims against FlowRider, Inc., WhiteWater West Industries, Ltd.,*and all of their respective officers, directors, members, agents, subsidiaries, parent companies, employees, insurers, including but not limited to claims for personal injury, death, or property damage, incurred in any way related to your use of and participation in the activity of riding the FlowRider.



## WARNING! TO MINIMIZE RISK OF INJURY:

- DO NOT STEP OFF BOARD ONTO INCLINED RIDE SURFACE
- AVOID THE SIDES OF SURFACE WHERE WATER FLOW IS MINIMAL
- ONLY USE BOARDS MADE BY AND/OR APPROVED BY FLOWRIDER, INC.





# SHOULD YOU RIDE THE FLOWRIDER? THERE ARE RISKS!



Riding a FlowRider is a very aggressive & strenuous activity, particularly for first-time participants. All participants must be in good general health & must have a good level of overall balance & fitness. Only YOU know your physical condition or limitations. If you suspect that your health or safety could be at risk, or you could aggravate a pre-existing condition of any kind, DO NOT RIDE! There are two ways to ride the FlowRider, Bodyboarding and Stand-up.

## IF YOU WOULD NOT SKATEBOARD, WAKEBOARD, OR SNOWBOARD, THEN YOU SHALL NOT STAND-UP RIDE ON ANY FLOWRIDER ATTRACTION.

For Bodyboarding & Stand-Up riding you need to satisfy the following <u>requirements</u>. Make sure you qualify, or you must not ride the attraction.

- You must be at least 42"/1.07m tall to Bodyboard
- You must be at least 52"/1.3m tall to Stand Up ride
- You must be able to swim in fast moving, turbulent water
- Do NOT participate if you have had a Recent Surgery or Illness
- Do NOT participate if you have a Heart Condition or High Blood Pressure
- Do NOT participate if you have Neck, Back or Bone Ailments
- Do NOT participate if you are pregnant or suspect that you may be pregnant
- Do NOT participate if you have High Blood Pressure or Aneurysms
- Do NOT participate if you are under the Influence of Drugs or Alcohol
- Do NOT participate if you take Prescription Medications that affect your ability to ride the FlowRider
- Do NOT participate if you have a any other physical or mental condition that could affect your ability to participate in this aggressive activity.
- DO NOT wear Jewelry, hats, footwear, eyeglasses, or loose articles of any type as they may injure you.
- Loose clothing or bathing suits may be pulled off by the flowing water. Cover-ups are suggested.

If you have any questions of your ability to participate in this aggressive activity, you should observe others riding the FlowRider, ask questions of the attendants, and consult with your physician regarding your specific and personal concerns.

### BEFORE ATTEMPTING TO RIDE, WATCH THE SAFETY VIDEO AND OBSERVE OTHER RIDERS ON THE ATTRACTION TO FAMILIARIZE YOURSELF WITH THE RISKS OF THIS ACTIVITY.

#### YOU SHOULD BE AWARE OF THE FOLLOWING BEFORE YOU PARTICIPATE IN RIDING THE FLOWRIDER:

- Riding the FlowRider is an extreme sport & high-risk recreational activity.
- You will fall and you will impact soft & hard surfaces.
- Falling may result in the board striking your body or your body striking the ride surface with great force.

READ & OBEY ALL POSTED INSTRUCTIONAL SIGNS AND FOLLOW ALL ATTENDANT INSTRUCTIONS. INSTRUCTIONS, RULES, AND WARNINGS EXIST FOR YOUR SAFETY. FAILURE TO COMPLY WILL INCREASE YOUR RISKS AND COULD LEAD TO SEVERE PERMANENT INJURIES OR EVEN DEATH.

#### THE FOLLOWING TECHNIQUES MAY HELP MINIMIZE THE RISK OF INJURY:

- TUCK INTO A BALL AND COVER YOUR HEAD & FACE WITH BOTH ARMS & HANDS
- TRY TO ORIENT FEET FIRST BEFORE HITTING ANY SURFACE
- STAY CALM AND STAY TUCKED

THERE ARE INHERENT RISKS IN THE PARTICIPATION OF ANY AMUSEMENT RIDE, DEVICE, OR ATTRACTION. YOUR PARTICIPATION IN THIS ACTIVITY IS VOLUNTARY, AND AS SUCH, YOU ARE ASSUMING SUCH RISKS.IF YOU ARE NOT ACTIVELY PARTICIPATING ON THE FLOWRIDER, YOU SHALL NOT ENTER THE RIDE AREA!

# READ & FOLLOW THESE INSTRUCTIONS FOR SAFETY & A BETTER RIDE EXPERIENCE

- 1. Entering the ride. After receiving instruction from the Wave Operator, follow these instructions carefully:
- **a.** If Bodyboarding: First-time participants must start by Bodyboarding and must enter the ride from the bottom on the right or left side. Place your bodyboard onto the flow of water slick side down. Lie down on your stomach, head facing the flow of water, with your hips along the rear edge of the board. Your legs should be extended straight behind you to serve as rudders. Grab both sides toward the front of the board. Keep fingers, hands, and elbows on top of your board to mini\( \text{q} \) mize water splashed into eyes, and keeping them out of the aggressive flow of water. Gently push into the flow. You may also ride in a kneeling position.
- **b.** If Stand Up Riding, : First-time standup riding participants must enter the ride from the bottom on the right or left side. Holding the nose of the board, place your flowboard onto the flow of water slick side down. Place your back foot approxiQ mately at the tail of the board and position your front foot above the mid-point of the board. Place your weight primarily on your back foot. Gently push into the flow. Remember to keep your weight on your back foot at all times.
- c. Very experienced riders may enter the ride from other locations, with approval from the venue, but at their own risk!
- 2. DO NOT ENTER the ride at high speed; avoid placing weight on front foot. YOU WILL WIPE OUT!
- **3.** Steer your board into the center of the flowing water. You can control your board by gently shifting your weight. Try to keep your board pointed in the direction of the oncoming flow of water. Edge control is the key. When Stand Up riding, keep weight on your back foot!
- **4.** If you wipe out, do not hold onto your board. Release the board immediately, cover your head, and keep limbs close to your body and try to brace for impact with feet first.
- 5. Single riding only is permitted. No tandem riders or multi-person riding is allowed.
- **6.** Participants, or those waiting to participate, shall not be on or inside the attraction at anytime unless they are physically riding the FlowRider.
- 7. To reduce the risk of a cut or other injury, trimmed finger and toenails are recommended.
- **8.** CAUTION! The ride surface of this ride is very slippery. DO NOT attempt to walk on the ride surface. You may only stand to walk and exit after coming to a complete stop on the blue drain grating.
- 9. Obey the Wave Operations Staff at all times.

# ALL FIRST TIME PARTICIPANTS OF THE FLOWRIDER MUST BODYBOARD AND ENTER THE RIDE FROM THE BOTTOM LEFT OR RIGHT. PRIOR TO STAND-UP RIDING, ALL PARTICIPANTS MUST BODYBOARD. Gentle entry PLACE BOARD POSITION PLACE SLICK SIDE PACING DOWN FLOWRIDER THE STOWARD THE FRONT-CENTER USE OF LESS CONTROL YOUR MOVEMENT BY USING YOUR LEGS AS RUDDERS BLBOWS AND HANDS ON TOP GRAB BOTH SIDES TOWARDS THE TOP & KEEP ELBOWS IN PUSH DOWN - 60 DOWN PULL UP - 60 UP LEAN TO TURN

#### HOW TO STAND UP RIDE

