



and Salon

Spa Menu



Welcome to Spa Kalahari and Salon

Discover the true meaning of relaxation at Spa Kalahari and Salon, a calm sanctuary in the heart of the bustling resort, perfect for anyone seeking rejuvenation of mind, body and soul while on vacation or attending a conference.

With our unique, handcrafted products supporting a carefully designed range of African and Western treatments, each one adapted to your needs, you will leave feeling revitalized.

Indulge your soul and senses with a variety of treatments at the hands of our skilled and highly trained, licensed professionals.



Halotherapy... Salt Room

Salt therapy, or halotherapy, uses a halogenerator to vaporize pure salt into the air so it can be breathed deep into the lungs. Our salt therapy room contains pure organic Himalayan salt and a high-quality halogenerator to turn that pure salt into the salt vapor that provides so many health benefits to our guests. The salt is ionized and then released into the atmosphere. When inhaled, the negatively charged ions attach to the positively charged toxins in the system and neutralize the charge, detoxifying the body from the inside out. Halotherapy is also an immune system booster; an important health benefit in the cold and flu season. Himalayan salt is one of the purest and most valuable salts.

Halotherapy can be beneficial to those that suffer from the following conditions or concerns:

Respiratory Illnesses: Asthma • Bronchitis • Colds • Cystic Fibrosis • Emphysema/COPD • Hay Fever • Sinus Infection • Pneumonia (post-acute) • Snoring/Sleep Apnea • Wheezing • Allergies

Skin Concerns: Acne • Dermatitis • Ear Infections • Eczema • Psoriasis • Promoting Post-Surgery Healing for the Skin

Athletes and performers:

Enhance endurance/stamina • Improve lung capacity • Anti-inflammatory and bactericidal effects
Helps to clear unwanted particles from lungs

Halotherapy is also recommended for healthy people as it boosts the immune system to help combat the high amounts of pollutants and bacteria we all breathe everyday. The negative ions produced help combat stress and depression.

Halotherapy is not to be a replacement for any medication or medical treatment but is a complement to traditional medicine techniques. Monthly and yearly packages available. Inquire with our Wellness Coordinators for pricing. **45 minute session for \$40. Add onto any treatment for \$20 per session.**

Contraindications: Any kind of infectious disease, acute stages of respiratory disease, cardiac insufficiency, COPD with 3rd stage of chronic lung insufficiency, coughing of blood/bleeding, infections accompanied by fever, any form or stage of tuberculosis, high blood pressure/hypertension in stage 2, hyperthyroidism, intoxication. If in question please consult a physician prior to experiencing Halotherapy



Massage Collection

African Rungu

25 min/\$80 50 min/\$125 80 Min/\$185

The most traditional of African massage, we use exquisite Rungu wooden dowels to perform this massage. Ideal for athletes and stressed guests. With an understanding of advanced massage techniques and how to use Rungu sticks we make this a unique experience to savor.

Serengeti Skies | Relaxation Massage

25 min/\$70 50 min/\$115 80 Min/\$170

Enjoy complete relaxation during this full body massage, ideal for relieving tension, improving circulation and promoting relaxation.

Hot Stone Ritual

25 min/\$75 50 min/\$120 80 Min/\$180

Traditional Swedish massage is enhanced by the use of warm, polished basalt river stones. The heat penetrates deeply into the muscles, melting away layers of tension and stress to improve circulation.

Deep Tissue

25 min/\$75 50 min/\$120 80 Min/\$180

A stronger, more invigorating massage, this treatment provides penetrating manipulations to specific muscles, facilitating removal of lactic acid and restoring muscle tone.

Himalayan Salt Stone Massage

50 Min/\$120

Slip into a relaxed state with our Himalayan Salt Stone Massage. A full body massage with heated Himalayan Salt Stones containing 84 essential minerals for a healthy body. You will enjoy light exfoliation of the skin while the heat of the stone soothes muscles and joints, while calming the nervous system. You will leave with a sense of peace and rejuvenation.

Mom to Be | Prenatal Massage

50 Min/\$120

A gentle relaxation massage for mom to be, to aid in releasing lower back discomfort, water retention and increase circulation. Prenatal massage is meant for women between 13-36 weeks of pregnancy. Spa Kalahari policy does not allow prenatal massage outside of this time frame or for guests considered high-risk or carrying multiples.

African Fusion | Couple's Massage

50 / 80 Min

African Rungu	\$125/\$185 per person
Serengeti Skies	\$115/\$170 per person
Hot Stone Ritual	\$120/\$180 per person
Deep Tissue	\$120/\$180 per person

We wish for you to have an enjoyable time while at the resort, however we do ask that you refrain from excessive consumption of alcoholic beverages prior to spa treatments. Spa treatments could intensify the effects of alcohol. Treatments may be denied.



Body Treatment Collection

African Jewel | Full body ritual

120 Min/\$260

Using our African products, surrender to two hours of head-to-toe pampering, making you feel like gold. Begin your journey with a hydrating body exfoliation and body wrap followed by a full body massage customized with therapeutic, aromatic plant oils to relax the body and calm the mind.

Tribal King / Queen

Scrub, cleanse, massage 80 Min/\$200

Feel like royalty with this full body exfoliating scrub and massage. Using the products that are brought to you from Africa including the healing salts of the Kalahari Desert to enrich and rejuvenate the body and soul.

Herbal Fusion Detox Treatment

80 Min/\$190

Lighten the load of stress and environment factors while boosting circulation, stimulating metabolism and ridding the body of harmful toxins. Your entire body will be gently massaged with a warm herbal ball to begin the detox process. Next, impurities and dead skin cells are lifted from the skin while stimulating circulation with an exfoliant rich in antioxidants and nurturing essential fatty acids.

Ancient African Aloe Wrap

50 Min/\$120

A hydrating masque for the body, you will be enveloped in a cocoon of warmth to allow this treatment to leave your skin revived and hydrated. This treatment is perfect after a day in the sun.

Radiant Rooibos and Kalahari Salt Spa

50 Min/\$120

A full body exfoliation to condition and nourish the skin. The experience is completed with a nourishing body butter application.

Body Glow Treatment

50 Min/\$130

Exfoliate dehydrated, damaged topical layers of your skin with an aromatic Moroccan Body Buff to reveal a silky smooth younger looking skin. A warm shower to remove the scrub is followed by a luxurious application of Moroccan's rich Body Butter.

Body treatments are not recommended for expectant mothers or for those who are claustrophobic.



Skin Care

African Princess | Customized Facial **80 Min/\$155**

A completely customized facial to meet your needs. This luxurious facial will leave you as pretty as a princess. Awaken from your journey with beautifully hydrated skin thanks to our unique range of peels, intensive masks, and products that will assist in slowing down the signs of aging. Extractions included, except when selecting a peel.

Natural Face | Personalized Facial **50 Min/\$100**

You will begin with a deep cleansing to remove surface impurities. Exfoliation, massage, extractions, customized mask to suit your skin type. Also includes a hand and arm massage.

Manly Man Face Treatment **50 Min/\$100**

Our classic facial tailored for the unique skin care needs of men. A deep, thorough cleansing, exfoliating and customized mask will leave skin smooth & healthy.

Express Facial **25 Min/\$70**

The perfect mini facial to quickly renew the surface of the skin. (This facial does not include extractions.)

Organic Facial **50 Min/\$100**

Embrace nature and nurture your skin with organic ingredients fresh in aroma, full of natural vitamin infusions and high bioflavonoid content. This treatment includes exfoliation and a mask that incorporates organic herbs and tree essence to address different skin types and concerns.

Makeup Application **\$45**

Make-up Lesson **\$60**

Hair Removal

To ensure a successful hair removal service, you must have at least ¼ inch of outgrowth the day of your service. When NOT to have a hair removal service: If you have taken Accutane within the last year, are taking ANY prescription acne medication have tanned in the last 24 hours, or have gotten Botox or any skin peels in the last 7 days.

Brow or Lip or Chin **\$25**

Full Face **\$65**

Underarm **\$35**

Half Arm/Full Arm **\$45/\$80**

Hall Leg/Full Leg **\$60/\$80**

Please inquire for additional waxing options at your preferred location.



Beauty Escapes at Spa Kalahari

The right haircut can accentuate your best facial features and compliment your unique hair texture. We want to make your salon experience as unique and memorable as you are. Our stylists strive to consistently bring you the freshest styles and ideas, by keeping up with the current trends and continued education. We promise to pay close attention to the details of your service, maintain the highest standard, exceed your expectations, and keep you coming back for more!

HAIR-CUTTING

Women \$50 and up

A relaxing shampoo and conditioner followed by your haircut and style of choice.

Men 30 Min \$25 and up

A haircut to that meets your needs, followed by a relaxing shampoo and conditioner, finished with a style.

STYLING

Blow Dry/Style \$40 and up

A relaxing shampoo and conditioner followed by a blow dry style.

Special Occasion for Bridal showers, bachelorette parties or any special event you need that extra special touch to make the day magical.

Special Occasion Style 60 Min / \$65 and up

Bridal Hair Package (Includes Trial and Day of Hair Style) \$130

Bridal Makeup Package (Includes Trial and Day of Makeup) \$90

HAIR COLOR

Outgrowth Retouch (only) \$70 and up

Color applied to outgrowth area, a shampoo and condition, followed by a blow dry.

Single Process (all over color) \$80 and up

Color applied to outgrowth and through the ends, a shampoo and condition, followed by a blow dry.

Double Process \$120 and up (outgrowth retouch with foils)

Color applied to outgrowth, accented by a foil low-light or highlight, a shampoo and condition, followed by a blow dry.

Highlights (Partial head) \$85 and up

Lightener or color brought through in foils to accent the Mohawk area and sides, shampoo & condition, followed by a blow dry.

Highlights (Full head) \$110 and up

Lightener or color brought through in foils to accent the entire head, a shampoo and condition, followed by a blow dry.

Ombre, Balayage, Color Correction Starts at \$150

All of these services require a consultation appointment to be set up with stylist.



Your Roots | Hands

Amani Manicure 70 Min/\$80

A most indulgent manicure treatment that includes all of the Spa Manicure luxuries with the addition of either the Moroccan oil Body or our exclusive African line. The hand massage is preceded by a paraffin treatment and then the heated river stone massage will help melt away the stress in your hands.

Spa Manicure 50 Min/\$55

Our most popular manicure incorporates nail shaping, cuticle care and an exfoliating hand mask followed by a hand massage. Finish this great look with the polish color of your liking.

Manly Man Manicure 30 Min/\$40

This manicure begins with shaping, filing and buffing of the nails, cuticle care, an exfoliating scrub with a hot towel wrap followed by a relaxing lower arm and hand massage.

Express Manicure 25 Min/\$40

Enjoy a refreshed look with nail shaping and cuticle care topped off with a polish of your choice or buffing. (This manicure does not include an exfoliation, mask or massage.)

Shellac Manicure 45 Min/\$55

This waterless manicure will take care of nail shaping, cuticle care and conclude with Shellac Polish cured with a UV lamp, for longer lasting application.

Shellac Manicure with Removal 60 Min/\$65

French Polish may be requested at an additional charge. Please request at the time of booking.



Feet and Bronzing

Amani Pedicure 80 Min/\$100

A most indulgent treat for the feet. Relax and enjoy a luxurious foot soak as you begin your journey. This pedicure consists of the exceptional attention to the feet with your choice of African products or Moroccan oil Body Line. A luxurious scrub, mask, paraffin treatment and heated river stone massage tops off this amazing treatment.

Spa Pedicure 50 Min/\$65

A luxurious foot soak begins this treatment, followed by toe nail shaping, cuticle care and exfoliating foot scrub, filing, mask and foot massage. Top that all off with a polish of your choice or buffing. Your toes will be thanking you!

Manly Man Pedicure 40 Min/\$60

This pedicure consists of a warm foot soak, shaping and filing of the nails, cuticle care, foot filing with an exfoliating scrub and application of a hydrating foot mask with warm towels. The lower leg and foot massage draws you to a close with either buffing or a clear matte coat.

Express Pedicure 25 Min/\$50

Enjoy a soak, nail shaping, cuticle care and foot filing topped off with a polish of your choice or buffing. (This pedicure does not include an exfoliation, mask or massage.)

Sunless Tanning

Enjoy a flawless airbrushed tan with a sun kissed or bronzed goddess look. A sun kissed solution is airbrushed onto your skin to create a sunless tan for 4-7 days.

Single Spray Tan | Basic Sun kissed \$35 Deluxe | Bronzed Goddess \$45



***Please note:** If you should have a nail fungus, warts or athlete's foot, state law will not allow us to perform any nail services on you. French polish may be requested at an additional charge. Please request at the time of booking.*



Spa Retreats

Kalahari Spa for Two

3 hrs/for two

\$500

Each receive a Serengeti Skies (Relaxation) Massage (50 min), a Spa Pedicure (50 min) and the choice of a Personalized Facial (50 min) or a Gentleman's Facial (50 min). Includes two glasses of wine. (Must be 21 or over to drink alcohol. Substitutions available.)

Mother & Daughter Kalahari Experience

3 hrs/for two

\$395

Each receive a Personalized Facial (50 min), a Spa Pedicure (50 min) and a Spa Manicure (50 min). Includes two smoothies.

Mama Africa | Mom to be

3.25 hrs \$280

Pamper the expecting mom with a Prenatal Massage (50 min), Express Facial (25 min), a Spa Manicure (50 min) and a Spa Pedicure (50 min).

Safari Escape 3 hrs

\$250

Serengeti Skies (Relaxation) Massage (50 min), Personalized Facial (50 min) and Spa Pedicure (50 min).

Manly Man Package 2.5 hrs

\$230

Receive a Serengeti Skies (Relaxation) Massage (50 min), Gentleman's Facial (50 min) followed by a Gentleman's Manicure (25 min).

Kalahari Minute 1.5 hrs

\$160

For those on the go, but need a touch of pampering, receive a Serengeti Skies (Relaxation) Massage (25 min), Express Facial (25 min) and an Express Manicure (25 min).

Ubuntu (Togetherness)

Root Experience 2 hrs

\$105

The combination of a Spa Manicure (50 min) and a Spa Pedicure (50 min).

Kalahari A' La Carte Package

Select three or more treatments per person and receive a 10% discount on your Spa Kalahari treatments that day. Select five or more and receive 15% off.

Please note that the above packages do not include taxes or gratuities. All spa packages require a deposit of 50% of the total cost of the treatments upon booking.



Spa Etiquette

Should I make a reservation for my treatment? | Yes, and it is best to do so prior to your arrival to the resort to best accommodate your schedule.

When should I arrive? | Arrive at least 15 minutes prior to your scheduled treatment time to allow sufficient time to check in and change. For our Pennsylvania guests please arrive an hour prior to treatment if you wish to utilize the Hydro Therapy area prior to treatment. Please be advised that your treatment will end on time so the next guest is not inconvenienced.

What should I wear? | Wear whatever is most comfortable. A robe and slippers will be provided when you arrive at the spa. During your treatments, the service providers are trained to drape you appropriately. Our relaxation lounge, Hydro Therapy (PA) and Halotherapy (OH) are all co-ed environments. Items not returned will be charged to the credit card on file.

Should men shave before a facial? | Yes, for best results men should shave a few hours before their facial.

Should women shave before treatment? | It is best to avoid shaving before any treatment to prevent irritation.

May I bring my valuables? | It is recommended you leave your valuables in the safe provided in your guest room. The Spa does not assume liability for any valuables.

Is it possible to request a male or female service provider? | Spa Kalahari will fulfill this request whenever possible to make your visit comfortable and relaxing. We do suggest your request be made at the time of reservation.

After treatment care. | Please drink plenty of water before and after any spa treatment received. It is important to keep hydrated. Following any heat treatments, it is important that you rest and avoid any rigorous activity for at least one hour.

Quiet Zone | To ensure a relaxing experience, we ask that you turn off your cell phone before entering the Spa.

Treatments, services, packages and pricing are subject to change without notice.

As our valued guest we would like to ensure you have the best possible experience at Spa Kalahari. Consistent with industry best practices, upon arrival you will be asked to complete some medical history questions. This is done to ensure that there are no contraindications between your health and the spa treatment you will receive. If you feel there is anything we should know prior to your arrival, please share that at the time of scheduling your treatment.



Information

Contact Information

Wisconsin Dells, WI
608.254.3300 or on property 41207
www.SpaKalahari.com/WI/Book

Sandusky, OH
419.433.7900 or on property 34168
www.SpaKalahari.com/OH/Book

Pocono Mountains, PA
570.580.6070 or on property 21290
www.SpaKalahari.com/PA/Book



and Salon

Cancellations

We value your business and appreciate your cooperation with our cancellation guidelines. If you must cancel or change your spa reservation, please notify us at least 24 hours prior to your scheduled appointment time to avoid a cancellation charge. Cancellations made with less than 24 hours notice will be charged in full.

Gratuity

Gratuity is not included in price of the treatment. Gratuity is left to your discretion and should be based on satisfaction of service. Industry standard is 18-20%.

Group and Corporate Pricing

Spa Kalahari offers great promotions for groups of 6 or more. Ask your Wellness Coordinator for more details. Groups of 6 or more will have an automatic gratuity of 18% added to their bill upon check out. Discounts not available on weekends and holidays. (Treatment discount left to the discretion of management.)

Payment

Reservations require a credit card to hold your appointment. Most major credit cards, cash and travelers checks are accepted. Sorry, no personal checks.

Address

1305 Kalahari Drive, Wisconsin Dells, WI 53965
7000 Kalahari Drive, Sandusky, OH 44870
250 Kalahari Blvd, Pocono Manor, PA 18349

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