

## Hands & Feet

### Signature Manicure

70 min \$80 | Weekend \$90

A most indulgent manicure treatment that includes all of the spa manicure luxuries and enhanced with a luxury body line. The hand massage is preceded by a paraffin treatment and heated river stone massage will help melt away the stress in your hands.

### Spa Manicure

50 min \$55 | Weekend \$60

For ultimate relaxation, this manicure includes filing of the nails, cuticle care, hand and arm exfoliation, hydrating hand and arm massage along with a complete polish of the nails.

### Express Manicure

25 min \$40 | Weekend \$45

Includes shaping of nails, cuticle care and polish with the color of your choice.

### No Chip Manicure

50 min \$65 | Weekend \$75

This long lasting manicure is applied in the same manner as regular polish, dries instantly and is chip free for up to two weeks! Includes shaping of nails and cuticle care. Manicure does not include removal of gel polish.

### No Chip with Removal

60 min \$70 | Weekend \$85

This long lasting manicure is applied in the same manner as regular nail polish, dries instantly and is chip free! Includes shaping of nails, cuticle care and removal of gel nail polish.

**\*No chip polish removal to any nail service 30 min \$20 and up**

### Signature Pedicure

80 min \$100 | Weekend \$110

This indulgent pedicure includes a relaxing foot soak, filing and trimming of the nails, cuticle care, leg and foot exfoliation, foot file, hydrating masque with warm paraffin treatment, and a hot stone massage along with a complete polish of the nails.

### Spa Pedicure

50 min \$70 | Weekend \$80

Slip your feet into a relaxing foot soak, followed by filing of the nails, cuticle care, leg and foot exfoliation, foot file, hydrating foot and leg massage, along with a complete polish of the nails.

### Express Pedicure

25 min \$50 | Weekend \$60

Includes a relaxing foot soak, filing of the nails, cuticle care, foot scrub and polish with the color of your choice.

## Hair-Cutting

### Women \$75 and up

A relaxing shampoo and conditioner followed by your haircut and style of choice.

### Men 30 min \$35 and up

A haircut that meets your needs, followed by a relaxing shampoo and conditioner, finished with a style.

## Styling

### Blow Dry/Style \$50 and up

A relaxing shampoo and conditioner followed by a blow dry style.

### Special Occasion Style \$80 and up

## Hair Removal

To ensure a successful hair removal service, you must have at least ¼ inch of outgrowth the day of your service.

### Brow, Lip or Chin \$25

### Full Face \$65

### Underarm \$35

### Half Arm/ Full Arm \$45 | Weekend \$80 / \$65 | Weekend \$90

### Half Leg/ Full Leg \$60 | Weekend \$80 / \$80 | Weekend \$100

*Call for pricing on hair color options.*

*\*Weekend rates apply to Friday, Saturday and Sunday.*

### Gratuity

Gratuity is not included in the price of the treatment. Gratuity is left to your discretion and should be based on the satisfaction of your service. Industry standard is 18-20%.

### Payment

Reservations require a credit card to hold your appointment. Most major credit cards, cash and travelers checks are accepted. No personal checks will be accepted.

### Cell Phone Policy

To ensure a relaxing experience, we ask that you turn off your cell phone before entering the spa.

## Packages

### Safari Escape

\$250 3 hours | Weekend \$260

Receive a 50 minute relaxation massage, 50 minute personalized facial, and 50 minutes spa pedicure.

### Kalahari Minute

1.5 hours \$170 | Weekend \$180

For those on the go, but need a touch of pampering. Includes a 25 minute massage, 25 minute express facial, and a 25 minute express manicure.

### Tranquility Package

2 hours \$210 | Weekend \$220

Enjoy a 50 minute relaxation massage along with a 50 minute spa facial taking a tranquil moment for yourself.

### Manicure/Pedicure Combo

2 hours \$110 | Weekend \$120

The combination of a 50 minute spa manicure and 50 minute spa pedicure.

### Kalahari A' La Carte Package

Select three or more treatments per person and receive a 10% discount on your Spa Kalahari treatments that day. Select five or more and receive 15% off.

Please note that the above packages do not include taxes or gratuities. Call us for pricing on groups. We are happy to customize your experience with us to go beyond your expectations. We can accommodate small group gathering up to large corporate events. Call our Spa Coordinators for pricing. There are no substitutions on the services included in the packages.



*\*Weekend rates apply to Friday, Saturday and Sunday. Groups of 6 or more will have an automatic gratuity of 20% added to their bill upon check out. Treatment discounts left to the discretion of management.*



*and Salon*



## Know Before You Go!

### Contact Information

Spa Kalahari Poconos  
250 Kalahari Blvd,  
Pocono Manor, PA 18349  
570-216-5493 or on property 21290

### Cancellations

We value your business and appreciate your cooperation with our cancellation guidelines. If you must change or cancel your spa reservation we ask that you notify us at least 24 hours prior to your scheduled appointment time to avoid a cancellation charge. Cancellations made with less than 24 hour notice will be charged in full.



## Halotherapy Session

45 min - \$50

Add on to any service - \$30

**Salt therapy, or halotherapy**, is very beneficial for overall wellness by removing the toxicity from the respiratory system, improving the function and appearance of the skin, and boosting the immune system. We use a halogenerator to vaporize organic Himalayan salt into the air. This allows for the salts negatively charged ions to attach to the positively charged toxins in the body, thus neutralizing the toxins and detoxing the body from the inside out. It is natural and safe and there are no harmful side effects.

## Hydrotherapy Pass

\$75

The use of water amenities revitalizes, maintains and restores health. Water treatments increase energy, improve body awareness and boost resistance to disease.

### Our luxurious facilities include:

- Dry redwood sauna
- Multi-sensory experiential shower
- Outdoor patio with lounge seating
- Relaxation Sanctuary

\*Hydro escape area is limited to guests 18 years of age and older. Bathing suit attire is required for this co-ed area.

## CBD

Add to any facial, manicure or pedicure for **\$20**. Add to any massage or body treatment for **\$25**.

## CBD Benefits

**CBD** is commonly used to address anxiety, and for guests who suffer through the misery of insomnia, studies suggest that CBD may help with both falling asleep and staying asleep. CBD may offer an option for treating different types of chronic pain. Added to your treatment the benefits of pain relief and relaxation will take your experience to a new level.

*Halotherapy and Cannabidiol are not to be used as a replacement for any medication or medical treatment prescribed by a physician. It is typically used as a compliment to traditional medicine.*

## Massage and Body Treatments

### Relaxation Massage

25 min \$85 | 50 min \$125 | 80 min \$175  
Weekend | \$100 | \$140 | \$190

Enjoy complete relaxation during this full body massage, ideal for relieving tension, improving circulation and finding your Zen.

### Therapeutic Massage

25 min \$85 | 50 min \$160 | 80 min \$210  
Weekend | \$100 | \$175 | \$225

This massage will help relieve pain, reduce stress, and work on a specific problem areas. Our talented therapist will apply the specific techniques and the right amount of pressure to address your personal need.

### Warmed Stone Massage

25 min \$85 | 50 min \$135 | 80 min \$185  
Weekend | \$100 | \$150 | \$200

This massage incorporates warm stones with a light to moderate pressure massage. Your therapist will gently glide warm Himalayan Salt Stone or heated basalt stone to soothe the mind and muscles.

### Prenatal Massage

50 min \$130 | Weekend \$145

Alleviate the discomforts of pregnancy and reclaim posture and flexibility. Performed only after the first trimester, this treatment relieves stress on joints, neck and back while nurturing body and soul.

### Body Glow Treatment

50 min \$130 | Weekend \$145

Exfoliation of the skin with our signature body buff to reveal silky smooth, younger looking skin. A warm shower to remove the scrub is followed by a luxurious application of rich body butter.

### Body Wrap

50 min \$130 | Weekend \$145

A hydrating masque for the body. You will be enveloped in a cocoon of warmth to allow this treatment to leave your skin revived and glowing.

### Herbal Detox Treatment

80 min \$200 | Weekend \$215

Lighten the load of stress and environmental factors while ridding the body of harmful toxins. A gentle warmed herbal press is applied to begin the detox process. Dead skin cells are exfoliated while circulation is stimulated finishing with a gentle application of silky body butter.

### Full Body Ritual

120 min \$260 | Weekend \$275

Surrender to two hours of head-to-toe pampering. Begin your journey with a body exfoliation followed by a hydrating body mask and finished with a 50 minute relaxation massage, to calm your mind and restore your soul.

## Skin Care

### Signature Facial

80 min \$170 | Weekend \$190

This relaxing journey will leave you with beautifully hydrated skin thanks to our unique range of specifically chosen products for your skin type, that will assist in slowing down the signs of aging. Extractions included.

### Personalized Facial

50 min \$135 | Weekend \$150

A relaxing treatment for all skin types using cleansers, exfoliation masks and scrubs chosen specifically for each guest to nourish and hydrate, followed by a face and de'collete' massage for fresher and visibly enhanced skin.

Extractions Included

### Express Facial

25 min \$85 | Weekend \$95

The perfect mini facial to quickly renew the surface of the skin. Does not include extractions.

### Signature Hydrafacial

30 min \$150 | 50 min \$230  
Weekend | \$165 | \$245

This treatment deeply cleanses, exfoliates, extracts and hydrates the skin utilizing super serums filled with antioxidants, peptides and hylauranic acid.

### Deluxe Hydrafacial

50 min \$325 | Weekend \$340

An extended treatment that includes the essentials of the Signature treatment while addressing your specific skin concern with the booster serum of your choice, LED light therapy and complete with lymphatic drainage.

Add Hydrafacial per eye or lip treatment to any 50 minute facial for \$85.



\*Weekend rates apply to Friday, Saturday and Sunday.

## Juniors (Ages 5-12)

Our favorite 25 minute services are tailored to our junior clients for a spa experience they won't forget!

**Manicure - \$35**

**Pedicure - \$40**

## Teens (Ages 13-17)

25 minute Spa services specially designed for ages 13-17, to pamper and treat them!

**Manicure - \$40 | Weekend \$45**

**Pedicure - \$50 | Weekend \$55**

**Facial - \$75 | Weekends \$85**

\*Teens are welcome to book full service manicures, pedicures, facials, and massages.

## Junior Packages

### Cutie Pie (for our 5-12 year olds)

1 hour \$65 | Weekend \$70

Junior manicure, simple style

### Junior Ubuntu (togetherness) Package

(for 12 and under)

1 hour \$65 | Weekend \$70

Manicure, pedicure

### Teen Minute

1.5 hrs \$140

25 minute manicure, 25 minute pedicure, 25 minute facial



*Disclaimer: A parent or Legal Guardian must be present in the spa with anyone between the ages of 13-17. Children 12-17 must wear swim wear to receive a facial or massage service. Service for children 5-12 will be limited to Manicure and Pedicures and simple hair services and must be accompanied by an adult at all times. No one under the age of 18 is permitted to receive deep tissue massage, salt stone massages or any of our body treatments.*